

# Winter Break Workout Schedule

## **Team – Mandatory for level 7 and up**

Monday, December 22	9:00am – 1:00pm
Tuesday, December 23	9:00am – 1:00pm
Friday, December 26	9:00am – 1:00pm
Saturday, December 27	MOCK MEET 9:00am (Level 7 and up)
Monday, December 29	9:00am – 1:00pm
Tuesday, December 30	9:00am – 1:00pm

## **CAT 1 & 2**

Tuesday, December 23	1:00pm – 4:00pm
Friday, December 26	1:00pm – 4:00pm
Tuesday, December 30	1:00pm – 4:00pm

Note: The gym will be closed for regular workout and recreational classes Thursday-Saturday, November 27-29 and December 22 – January 3.

**HAPPY HOLIDAYS!**